

# SAMANTHA LINSEY



## PROFILE

Competitive swimmer with a passion for excellence in both athletics and academics. Lifeguard and coach experienced in safety, CPR, first aid, and member service. Known for reliability, attention to detail, and helping others feel confident. Seeking internships to grow skills in organizational communication, talent acquisition, onboarding, or public relations.

## STRENGTHS

- Organized
- Trustworthy
- Team player
- Love working with people
- Hard worker
- Reliable

## CONTACT

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1114 Indiana Avenue  
Lemoyne, PA 17043

[LinkedIn Profile](#)

NCAA Division II Student-Athlete at Bloomsburg University | Majoring in Organizational Communication | Minoring in HR Management

## EDUCATION



### Bloomsburg University, 2027

Bachelor of Arts - BA, Organizational Communication  
(Minor in Human Resource Management)

President's List (Fall 2024, & Spring 2025)  
Chancellor's Academic Scholarship recipient

Activities and societies:

Women's Varsity Swimming, Lambda Pi Eta (LPH) Honor Society, National Communication Association Student Chapter (NCASC), Special Olympics Volunteer, & Catholic Campus Ministry Volunteer

## EXPERIENCE



### NCAA / August 2024 – Present

#### Division II Student-Athlete

Bloomsburg University, PENNSYLVANIA STATE ATHLETIC CONFERENCE

2025 BU Scholar Athlete  
2025 BU Swimming Freshman Class GPA Award  
2025 PSAC Championships: 2nd Place Team  
2025 PSAC Scholar Athlete

YouTube: <https://www.youtube.com/@slinsey2024/videos>  
Swimcloud: <https://www.swimcloud.com/swimmer/2217789/>



### West Shore Country Club, Camp Hill, PA / Seasonal 2022 – Present

#### Lifeguard

- Ensure swimmer safety by enforcing pool rules, providing first aid, CPR/AED, and contacting emergency personnel when needed.
- Maintain pool operations, including water testing, chemical balancing, cleaning, and occasional maintenance tasks.
- Support overall daily operations, and complete other assigned duties as necessary.

**Swim Coach (June 2025 – July 2025)**

- Guide young swimmers in learning basic swim techniques while ensuring a safe and supportive environment.
- Deliver clear instructions, offer positive feedback, and encourage confidence, teamwork, and individual growth.

**SBR Sports, Inc., Greater Harrisburg Area / Jan 2024 – Present**

**Brand Ambassador**

- Represent SBR Sports, Inc., promoting athlete-inspired products like TRISWIM, TRISLIDE, SKIN SLICK, and FOGGIES. Advocate for brand awareness through product promotion, consumer engagement, and networking with athletes and health-conscious individuals. Share personal experiences to highlight product benefits and support brand growth.



**Harrisburg Area YMCA, Camp Hill, PA / Part Time June 2022 – Present**

**Lifeguard**

- Ensure swimmers' safety in the pool area and administer first aid or life saving techniques when needed.
- Ensure that the rules and regulations of the swimming pool are followed to maintain a safe swimming environment.
- Administer first aid and cardiopulmonary resuscitation (CPR) and uses automated external defibrillator (AED) when needed.
- Contact emergency medical personnel when a serious injury occurs.



**West Shore School District, Lemoyne, PA / Aug 2023 – June 2024**

**Substitute/Teachers Aid**

- Assisted teachers in both self-contained and inclusion classrooms, supporting instruction, engagement, and behavior goals.
- Supervised students in class, common areas, and on field trips.
- Tutored individuals and small groups to reinforce lessons.
- Coordinated with teachers to align instructional efforts.
- Observed and recorded student performance data to track progress.
- Presented lessons under teacher guidance using discussion and role-play.
- Distributed and collected tests and assignments.

**LICENSES AND CERTIFICATIONS**

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Social and Behavioral Research – Basic/Refresher



Lifeguarding with CPR/AED for the Professional Rescuer and First Aid